

Springwood Campus Autumn Term 1 Week 7	Monday 19th October 2026	Tuesday 20th October 2026	Wednesday 21st October 2026	Thursday 22nd October 2026	Friday 23rd October 2026
Main	Soup and Pizza Bread   	Beef Stew 	Halal Chicken Sausage Roast  	Beef Chilli Con Carne 	Option 1 Fish Fingers Option 2 Fish Cake    
Vegetarian	Sweet and Sour Quorn and Rice  	Mac and Cheese Bake   	Vegetarian Roast 	Veggie Chilli 	Veggie Fingers 
Gluten Free Option	Gluten Free Soup and Pizza Bread  	Gluten Free Beef Stew Bread 	Gluten Free Halal Chicken Sausage Roast  	GF Beef Chilli Con Carne 	Gluten Free Fish Fingers 
Dairy Free Option	Dairy Free Soup and Pizza Bread  	Dairy Free Beef Stew Bread 	Dairy Free Halal Chicken Sausage Roast  	DF Beef Chilli Con Carne 	Dairy Free Fish Fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables	Vegetables	Vegetables, mashed potatoes and gravy 	Vegetables and rice	Vegetables, baked beans and chips



NB Allergens highlighted include all possible allergens for that days options