

Springwood Campus Autumn Term 1 Week 6	Monday 12th October 2026	Tuesday 13th October 2026	Wednesday 14th October 2026	Thursday 15th October 2026	Friday 16th October 2026
Main	Veggie Cottage Pie  	Halal Chicken Casserole 	Pork Meatballs in tomato and basil sauce   	Roast Ham 	Option 1 Fish Fingers Option 2 Fish Cake    
Vegetarian	Pesto Pasta 	Quorn Casserole  	Veggie balls in tomato and basil sauce   	Vegetarian Roast  	Veggie Fingers 
Gluten Free Option	Gluten Free Veggie Cottage Pie  	Gluten Free Halal Chicken Casserole 	Gluten Free Pork Meatballs in tomato and basil sauce  	Gluten Free Roast Ham 	Gluten Free Fish Fingers 
Dairy Free Option	Dairy Free Veggie Cottage Pie  	Dairy Free Halal Chicken Casserole 	Dairy Free Pork Meatballs in tomato and basil sauce   	Dairy Free Roast Ham 	Dairy Free Fish Fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables and garlic bread 	Vegetables and mashed potatoes 	Vegetables and dough balls 	Vegetables, roast potatoes, and gravy	Vegetables, baked beans and potato wedges

													
Soybean	Celery	Crustaceans	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Sulphur Dioxide	Treenuts

NB Allergens highlighted include all possible allergens for that days options