

Springwood Campus Autumn Term 1 Week 4	Monday 28th September 2026	Tuesday 29th September 2026	Wednesday 30th September 2026	Thursday 1st October 2026 Census Day Ice Cream Sundaes	Friday 2nd October 2026
Main	Tomato and vegetable pasta  	Roast Turkey	Beef Cottage Pie 	Pizza  	Option 1 Fish Fingers Option 2 Fish Cake    
Vegetarian	Quorn Curry   	Veggie Roast 	Veggie Cottage Pie  	Veggie Pizza  	Veggie Fingers 
Gluten Free Option	Gluten Free tomato and vegetable pasta 	Gluten Free Roast Turkey	Gluten Free Beef Cottage Pie 	Gluten Free Pizza 	Gluten Free Fish Fingers 
Dairy Free Option	Dairy Free tomato and vegetable pasta  	Dairy Free Roast Turkey	Dairy Free Beef Cottage Pie 	Dairy Free Pizza 	Dairy Free Fish Fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Tuna Mayo    	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables and garlic bread 	Vegetables, roast potatoes and gravy	Vegetables	Vegetables and baby potatoes	Vegetables, baked beans and chips



NB Allergens highlighted include all possible allergens for that days options