

Linwood Campus Autumn Term 1 Week 7	Monday 19th October 2026	Tuesday 20th October 2026	Wednesday 21st October 2026	Thursday 22nd October 2026	Friday 23rd October 2026
Main	Soup and Pizza Bread   	Beef Chilli Con Carne 	Creamy halal chicken 	Halal Chicken Sausage  	Option 1 Fish Fingers Option 2 Fish Cake    
Vegetarian	Sweet and Sour Quorn with rice   	Veggie Chilli Con Carne   	Creamy Quorn  	Veggie Sausage 	Veggie Fingers 
Gluten Free Option	Gluten Free Soup and Pizza Bread 	GF Beef Chilli Con Carne 	Gluten Free Halal Chicken in tomato and basil sauce 	Gluten Free Pork Sausage 	Gluten Free Fish Fingers 
Dairy Free Option	Dairy Free Soup and Pizza Bread 	Dairy Free Beef Chilli Con Carne 	Dairy Free Halal Chicken in tomato and basil sauce  	Dairy Free Halal Chicken Sausage  	Dairy Free Fish Fingers  
Soft	Sweet and Sour Quorn served with vegetables and potatoes  	Beef Chilli Con Carne served with vegetables and potatoes 	Creamy halal chicken served with vegetables and potatoes 	Pork meatballs in gravy served with vegetables and potatoes   	Tuna bake served with vegetables  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese and Beans 
Served With		Vegetables and rice	Vegetables and pasta , 	Vegetables, mash potatoes and gravy	Salads, baked beans and chips 

													
Soybean	Celery	Crustaceans	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Sulphur Dioxide	Treenuts

NB Allergens highlighted include all possible allergens for that days options