



Springwood Campus Spring Term 1 Week 6	Monday 9th February	Tuesday 10th February	Wednesday 11th February	Thursday 12th February	Friday 13th February
Main	Vegetarian chilli and rice   	Pork Puff    	Roast Turkey	Beef Stew with dumplings  	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Macaroni Cheese   	Vegetarian Puff   	Veggie Roast	Beany Tortilla with Savoury Rice  	Vegetarian fingers 
Gluten Free Option	GF Vegetarian chilli and rice   	GF Pork Puff  	GF Roast Turkey	GF Beef Stew with GF crusty bread 	GF Fish fingers 
Dairy Free Option	DF Vegetarian chilli and rice   	DF Pork Puff  	DF Roast Turkey	DF Beef Stew with dumplings  	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese Beans 
Served With	Vegetables	Vegetables	Vegetables, roast potatoes, stuffing and gravy 	Vegetables	Vegetables, baked beans and oven baked potato

													
Soybean	Celery	Crustaceans	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Sulphur Dioxide	Treenuts

NB Allergens highlighted include all possible allergens for that days options