

Springwood Campus Spring Term 1 Week 2	Monday 12th January	Tuesday 13th January	Wednesday 14th January	Thursday 15th January	Friday 16th January
Main	Vegetarian hotdog with potato cubes	Halal Chicken curry	Pork in tomato & Basil sauce meatballs with pasta	Halal Chicken Pie	Option 1 Fish Fingers Option 2 Fishcakes
	 Gluten	 Milk  Celery	 Gluten  Milk  Celery  Sulphur Dioxide	 Gluten  Celery	 Gluten  Milk  Fish  Mustard
Vegetarian	Hotpot	Vegetarian chicken curry	Quorn in tomato & basil sauce with pasta	Veggie Pie	Vegetarian fingers
	 Celery  Egg  Soybean	 Milk  Celery  Egg	 Gluten  Milk  Celery  Egg	 Gluten  Celery	 Gluten
Gluten Free Option	GF Hot pot	GF Chicken curry	GF Pork meatballs in tomato & Basil with pasta	GF Chicken pie	GF Fish fingers
	 Celery  Egg  Soybean	 Celery	 Milk  Celery  Sulphur Dioxide	 Celery	 Fish
Dairy Free Option	DF Hotpot	DF Chicken curry	DF Pork in tomato & basil sauce meatballs with pasta	DF Chicken pie	DF Fish fingers
	 Celery  Egg  Soybean	 Celery	 Gluten  Celery  Sulphur Dioxide	 Gluten  Celery	 Gluten  Fish
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Cheese and Beans
	 Milk	 Milk  Fish	 Milk  Fish	 Milk  Fish	 Milk
Served With	Vegetables	Vegetables, naan bread and mango chutney	Vegetables	Vegetables, mashed potatoes and gravy	Vegetables, baked beans and oven baked potato
		 Gluten  Milk  Sulphur Dioxide	 Milk	 Milk	



NB Allergens highlighted include all possible allergens for that days options