

Post 16 Skills Centre Spring Term 1 Week 3	Monday 19th January	Tuesday 20th January	Wednesday 21st January	Thursday 22nd January	Friday 23rd January
Main	Soup and Pizza Bread  	Savoury Pork Puff    	Roast Turkey	Beef Stew and Dumplings  	Option 1 Fish Fingers Option 2 Fish Cake    
Vegetarian	Tomato and basil pasta with garlic bread  	Savoury Veggie Puff  	Veggie Roast 	Beany Tortillas with savoury rice  	
Gluten/Dairy Free Option	Gluten/Dairy Free Soup and Pizza Bread 	Gluten/Dairy Free Savoury Pork Puff	Gluten/Dairy Free Roast Turkey	Gluten/Dairy Free Beef Stew 	Gluten/Dairy Free Fish Fingers 
Jacket Potatoes	Option1 Cheese Option 2 Cheese and Baked Beans 	Option1 Cheese Option 2 Tuna Mayo   	Option1 Cheese Option 2 Tuna Mayo   	Option1 Cheese Option 2 Tuna Mayo   	Option1 Cheese Option 2 Cheese and Baked Beans 
Served With	Vegetables	Vegetables and baby potatoes	Vegetables, roast potatoes and gravy	Vegetables	Oven baked potato wedges , beans and salad 

 Soybean	 Celery	 Crustaceans	 Egg	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Peanut	 Sesame	 Sulphur Dioxide	 Treenuts
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NB Allergens highlighted include all possible allergens for that days options