

Post 16 Skills Centre Spring Term 1 Week 2	Monday 12th January	Tuesday 13th January	Wednesday 14th January	Thursday 15th January	Friday 16th January
Main	Vegetarian Hotdog with potato cubes	Pork meatballs in tomato sauce with pasta	Halal Chicken Pie	Halal Chicken Curry	Option 1 Fish Fingers Option 2 Fish
	 Gluten	 Gluten  Celery  Sulphur Dioxide	 Gluten  Celery	 Milk  Celery	 Gluten  Fish  Milk  Nuts
Vegetarian	Hot Pot	Quorn in tomato and basil sauce with pasta	Veggie Pie	Veggie Curry	
	 Gluten  Celery	 Gluten  Celery  Egg	 Gluten  Celery	 Milk  Celery	
Gluten/Dairy Free Option	Gluten/Dairy Free Hot Pot	Gluten/Dairy Free Pork meatballs in tomato sauce with pasta	Gluten/Dairy Free Halal Chicken Pie	Gluten/Dairy Free Halal Chicken Pie	Gluten/Dairy Free Fish Fingers
	 Celery	 Celery  Sulphur Dioxide	 Celery	 Celery	 Fish
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Baked Beans	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Tuna Mayo	Option 1 Cheese Option 2 Cheese and Baked Beans
	 Milk	 Milk  Fish  Egg	 Milk  Fish  Egg	 Milk  Fish  Egg	 Milk
Served With	Vegetables	Vegetables and garlic bread	Vegetables, mashed potatoes and gravy	Salad, rice, naan bread and mango chutney	Oven baked potato wedges, beans and salad
	 Gluten			 Gluten  Milk  Sulphur Dioxide	



NB Allergens highlighted include all possible allergens for that days options