

Linwood Campus Spring Term 1 Week 6	Monday 9th February	Tuesday 10th February	Wednesday 11th February	Thursday 12th February	Friday 13th February
Main	Vegetarian Chilli and Rice   	BBQ pulled turkey in a wrap with savoury rice 	Beef Stew with Dumplings  	Pork Puff   	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Macaroni Cheese  	Beany Tortillas with savoury rice  	Quorn Curry and Rice   	Vegetarian Puff  	Vegetarian fingers 
Soft	Vegetarian Chilli and Potatoes   	BBQ pulled turkey with potatoes	Beef Stew with potatoes 	Pork Meatballs in gravy with potatoes    	White Fish in Parsley Sauce with potatoes   
Gluten Free Option	GF Vegetarian Chilli and Rice   	GF BBQ pulled turkey in a wrap with savoury rice	GF Beef Stew with GF Crusty Bread 	GF Pork Puff   	GF Fish fingers 
Dairy Free Option	DF Vegetarian Chilli and Rice   	DF BBQ pulled turkey in a wrap with savoury rice 	DF Beef Stew with DF Dumplings  	DF Pork Puff   	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables and garlic bread 	Vegetables	Vegetables , roast potatoes and gravy	Vegetables , mashed potatoes and gravy	Salad, baked beans and oven baked potato wedges



NB Allergens highlighted include all possible allergens for that days options