

Post 16 Skills Centre Autumn Term 2 Week 6	Monday 8th December	Tuesday 9th December	Wednesday 10th December	Thursday 11th December	Friday 12th December
Main	Tomato and Basil Pasta  	Sausage Roast  	Turkey Fritters in a bun  	Beef Stew 	Option 1 Fish Fingers Option 2 Fish  
Vegetarian	BBQ Quorn with Rice   	Veggie Sausage 	Macaroni Cheese Bake  	Veggie Stew 	
Gluten/Dairy Free Option	Gluten/Dairy Free BBQ Quorn with Rice  	Gluten/Dairy Free Sausage Roast 	Gluten/Dairy Free Turkey Fritters in a bun	Gluten/Dairy Free Beef Stew 	Gluten/Dairy Free Fish Fingers 
Jacket Potatoes	Cheese and Baked Beans 	Cheese or Tuna Mayo   	Cheese or Tuna Mayo   	Cheese or Tuna Mayo   	Cheese or Tuna Mayo   
Served With	Vegetables and garlic bread 	Vegetables, roast potatoes and gravy	Vegetables	Vegetables and dumplings 	Oven baked potato wedges, beans and salad 

 Soybean	 Celery	 Crustaceans	 Egg	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Peanut	 Sesame	 Sulphur Dioxide	 Treenuts
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NB Allergens highlighted include all possible allergens for that days options