

Springwood Campus Autumn Term 1 Week 7	Monday 20th October	Tuesday 21st October	Wednesday 22nd October	Thursday 23rd October	Friday 24th October
Main	Soup and garlic bread  	Pasta Bolognese (Beef)   	Creamy Halal Chicken  	Halal Chicken Sausage   	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Sweet and sour Quorn with rice  	Veggie Bolognese    	Creamy Quorn  	Veggie Sausage  	Vegetarian fingers 
Gluten Free Option	GF Soup and GF garlic bread 	GF Pasta Bolognese served with GF garlic bread  	GF Halal Chicken in BBQ Sauce  	GF Pork Sausage and GF Mashed Potatoes  	GF Fish fingers 
Dairy Free Option	DF Soup and DF garlic bread  	DF Pasta Bolognese served with DF garlic bread  	DF Halal Chicken in BBQ Sauce  	DF Halal Chicken Sausage and DF Mashed Potatoes   	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Bolognese  	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables	Vegetables and dough balls  	Vegetables and rice	Vegetables and gravy	Vegetables, baked beans and oven baked potato

 Soybean	 Celery	 Crustaceans	 Egg	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Peanut	 Sesame	 Sulphur Dioxide	 Treenuts
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NB Allergens highlighted include all possible allergens for that days options