

Springwood Campus Autumn Term 1 Week 6	Monday 13th October	Tuesday 14th October	Wednesday 15th October	Thursday 16th October	Friday 17th October
Main	Veggie Cottage Pie    	Halal Chicken Casserole 	Pork Meatballs   	Roast Ham 	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Sweet and sour Quorn with rice   	Mac and Cheese Bake   	Vegan Sausage in tomato sauce   	Veggie Sausage  	Vegetarian fingers 
Gluten Free Option	GF Veggie Cottage Pie    	GF Halal Chicken Casserole 	GF Pork Meatballs with GF garlic bread  	GF Roast Ham 	GF Fish fingers 
Dairy Free Option	DF Sweet and sour Quorn with rice   	DF Halal Chicken Casserole 	DF Pork Meatballs with DF garlic bread   	DF Roast Ham 	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables	Vegetables	Vegetables and garlic bread 	Vegetables, roast potatoes and gravy	Vegetables, baked beans and oven baked potato



NB Allergens highlighted include all possible allergens for that days options