

Springwood Campus Autumn Term 1 Week 5	Monday 6th October	Tuesday 7th October	Wednesday 8th October	Thursday 9th October	Friday 10th October
Main	Tomato and basil pasta   	Halal Chicken Curry  	Pizza   	Roast Beef with Yorkshire Pudding   	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Quorn Casserole   	Veggie Curry  	Veggie Pizza   	Veggie Sausage  	Vegetarian fingers 
Gluten Free Option	GF Quorn Casserole with GF garlic bread   	GF Chicken Curry and GF Naan  	GF Pizza  	GF Roast Beef with GF Yorkshire Pudding  	GF Fish fingers 
Dairy Free Option	DF Quorn Casserole with DF garlic bread   	DF Chicken Curry and DF Naan 	DF Pizza 	DF Roast Beef with DF Yorkshire Pudding  	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables with garlic bread 	Vegetables, Naan and mango chutney   	Vegetables and baby potatoes	Vegetables, roast potatoes and gravy	Vegetables, baked beans and oven baked potato



NB Allergens highlighted include all possible allergens for that days options