

Linwood Campus Autumn Term1 Week 7	Monday 20th October	Tuesday 21st October	Wednesday 22nd October	Thursday 23rd October	Friday 24th October
Main	Tomato and basil pasta   	Creamy Chicken  	Halal Chicken Sausage  	Lasagne (Beef)   	Option 1 Fish Fingers Option 2 Fishcakes    
Vegetarian	Sweet and Sour Quorn and Rice  	Creamy Quorn   	Veggie Sausage  	Veggie Lasagne   	Vegetarian fingers 
Soft	Sweet and Sour Quorn and Potatoes  	Creamy Chicken 	Chicken in gravy	Bolognese (Beef) served with potatoes 	Salmon and cheese sauce, vegetables and potatoes   
Gluten Free Option	GF Tomato and basil pasta served with GF garlic bread  	GF Chicken in BBQ sauce 	GF Pork Sausage 	GF Lasagne (Beef) and GF garlic bread  	GF Fish fingers 
Dairy Free Option	DF Tomato and basil pasta served with DF garlic bread   	DF Chicken in BBQ sauce 	DF Halal Chicken Sausage and DF mashed potatoes  	DF Lasagne (Beef) and DF garlic bread  	DF Fish fingers  
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans 	Option 1 Cheese Option 2 Tuna Mayo   	Option1 Cheese Option 2 Tuna Mayo   	Option 1 Cheese Option 2 Bolognese (Beef)  	Option 1 Cheese Option 2 Cheese and Beans 
Served With	Vegetables and garlic bread 	Vegetables and baby roast potatoes	Vegetables, mashed potatoes and gravy 	Vegetables and dough balls  	Salad, baked beans and oven baked chips

													
Soybean	Celery	Crustaceans	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Sulphur Dioxide	Treenuts

NB Allergens highlighted include all possible allergens for that days options