





Linwood Campus Autumn Term1 Week 5	Monday 6th October				Tuesday 7th October				Wednesday 8th October				Thursday 9th October				Friday 10th October			
Main	Pesto pasta and garlic bread				Pizza				Roast Beef with Yorkshire Pudding				BBQ Chicken with pasta				Option 1 Fish Fingers Option 2 Fishcakes			
	Celery	Gates	(F)	G fgs	()	<b>6</b> 5	Salphur Disalde		Gazen	(E)	Glany	G iss	Gates	MEA	Colony	Sulphur Disside	Gates	NEC.	Fish	Massed
Vegetarian	Quorn Cottage Pie				Pizza			Veggie Roast with Yorkshire Pudding				Cheesy savoury balls				Vegetarian fingers				
	Calany	Gates	E MAX		Glaten	i.	G G		Glaven	NA.	Crieny	less .	Gates	NOSA.	G Gc		Gates			
Soft	Cottage Pie				Quorn Curry				Roast Beef				BBQ Chicken with potatoes				Fish Pie			
	Colory	Canada Ca	© ion		Giuten	E .	Colony	Co Sess					Colory	Supra Disside			Glates	FIR.	Feb	
Gluten Free Option	GF Cottage Pie				GF Pizza				GF Roast Beef with GF Yorkshire Pudding				GF BBQ Chicken pasta with GF garlic bread				GF Fish fingers			
	Colony	Fos			E Mix	(A)	Superan		Celary	jøf. Scalenna	G G G G G G G G G G G G G G G G G G G		C.	Colory	Salphur Bloide		Fish			
Dairy Free Option	DF Cottage Pie				DF Pizza				DF Roast Beef with DF Yorkshire Pudding				DF BBQ Chicken pasta with DF garlic bread				DF Fish fingers			
	Celery	Gates	G G G G G G G G G G G G G G G G G G G		Guzen	Fos	Saybeen		Colory	Soplean	G		Quites	Colory	Salpher Dinide		Gluen	Flah		
Jacket Potatoes	Option 1 Cheese Option 2 Cheese and Beans				Option 1 Cheese Option 2 Tuna Mayo				Option 1 Cheese Option 2 Tuna Mayo				Option 1 Cheese Option 2 Tuna mayo				Option 1 Cheese Option 2 Cheese and Beans			
	FER				Fig. 18	Gas Sas	Fish		FI.	G Gos	Fina		C)	<b>6</b> 55	Fish		C NA			
Served With	Vegetables				Vegetables and baby potatoes				Vegetables, roast potatoes and gravy				Vegetables and dough balls				Salad, baked beans and oven baked potato wedges			
					G Egg								Gates	Mäx						



























