

<b>Linwood Week 3</b>	<b>Monday 20.01.25 10.02.25</b>	<b>Tuesday 21.01.25 11.02.25</b>	<b>Wednesday 22.01.25 12.02.25</b>	<b>Thursday 23.01.25 13.02.25</b>	<b>Friday 24.01.25 14.02.25</b>
<b>Main</b>	Quorn bolognaise and pasta*	Pulled Turkey in BBQ sauce with wrap and rice.	Roast Ham and cauliflower cheese*~	Beef stew with dumplings*	Option 1 Fish fingers*and potato wedges Option 2 Fish cakes*~ and potato wedges
<b>Vegetarian</b>	Tomato and basil pasta*	Pulled Turkey in BBQ sauce with wrap and rice	Vegetarian roast with cauliflower cheese*~	Macaroni cheese*~	Vegetarian fingers *with potato wedges
<b>Soft</b>	Quorn bolognaise and potatoes	Pulled Turkey with vegetables and potatoes	Roast Ham with cauliflower cheese*~	Beef Stew with dumplings*	Whitefish and parsley sauce
<b>Gluten-free</b>	Option 1 GF Bolognaise Option 2 GF Tomato and basil	Pulled Turkey with rice and GF/DF wrap	Roast Ham with cauliflower and GF/DF cheese sauce	Beef Stew with GF crusty bread	GF fish fingers and potato wedges
<b>Dairy-free</b>	Option 1 DF Bolognaise Option 2 DF Tomato and basil	Pulled Turkey with rice and GF/DF wrap	Roast Ham with cauliflower and GF/DF Cheese sauce	Beef Stew with DF Crusty bread	DF fish fingers and potato wedges
<b>Jacket potatoes</b>	Option 1 Cheese~ Option 2 Cheese~ and Beans	Option 1 Cheese~ Option 2 Sausage*H and beans	Option 1 Cheese~ Option 2 Tuna	Option 1 Cheese~ Option 2 Quorn chilli	Option 1 Cheese~ Option 2 Tuna Mayo
<b>With</b>	Vegetables and garlic bread*	Vegetables	Roast potatoes, vegetables and gravy	Naan bread* and sauce	Baked beans and salad

**V- Vegetarian H- Halal ~- Cheese / Dairy G-Gluten**