

Springwood Week 3	Monday 17.06.24 08.07.24	Tuesday 18.06.24 09.07.24	Wednesday 19.06.24 10.07.24	Thursday 20.06.24 11.07.24	Friday 21.06.24 12.07.24
Main	Savoury Pastry*~	Homemade (Pork) Meatballs with pasta *	Roasted Turkey	Beef cottage pie*~	Fish fingers* and Potato wedges
Vegetarian	Vegetarian chilli with rice	Vegan sausage in Tomato and basil sauce with pasta*	Vegetarian fritter*~ And savoury rice	Vegetarian cottage pie*	Jacket potato with cheese ~ and beans
Gluten free options	Vegetarian mince (No Tomato) with rice	GF Sausage with Jacket potato	GF Turkey, herby potatoes and vegetables	GF Beef cottage pie (No Tomato)	Fish fingers Gluten free and potato wedges
Dairy Free option	DF Vegetarian mince with rice	DF sausage with Jacket potato	<i>DF Turkey, herby potatoes and vegetables</i>	DF Beef cottage pie	Fish fingers and potato wedges or Jacket potato with Dairy free cheese
Jacket Potatoes	Cheese & Beans	Cheese	Tuna mayo	Cheese	Cheese ~and beans
With	Vegetables	Vegetables	Herby potatoes and vegetables	Vegetables	Baked beans and salad

Allergy information items marked; GLUTEN* DAIRY~ Halal meat HT