

# Twynham Primary School

## Weekly menu

WEEK THREE: W/C 4<sup>th</sup> & 25<sup>th</sup> March, 29<sup>th</sup> April, 20<sup>th</sup> May, 17<sup>th</sup> June, 8<sup>th</sup> July



### Monday

Tomato & Basil Pasta  
Wheat

Chickpea & Vegetable  
Chow Mein  
Wheat, Soya, Eggs

Served with Garlic Bread  
Wheat, Sesame

### Tuesday

Cottage Pie  
Milk

Spring Vegetable Casserole  
Served with Mashed Potatoes  
Milk

Jacket Potato with  
Cheddar Cheese  
Milk

Chocolate Sponge  
Wheat, Eggs  
with Chocolate Custard  
Milk

### Wednesday

Roast Pork & Gravy

Vegetable & Cheese Fajita  
Wheat, Milk

Jacket Potato with  
Tuna Mayonnaise  
Fish

Vanilla Ice Cream  
Milk

### Thursday

Jamaican Style Mild Jerk  
Chicken

Sweet & Sour Vegetables  
Soya, Barley, Wheat

Served with Savoury Rice

Jacket Potato with  
Cheddar Cheese  
Milk

Apple & Berry Oat Bar  
Wheat, Barley, Oats

### Friday

Fish Fingers  
Wheat, Fish

Cheese & Mushroom Omelette  
Eggs, Milk

Jacket Potato with  
Baked Beans

Orange Jelly

### Available daily

Please ask the catering manager for food allergen information

Freshly Baked Bread Vegetables and Potatoes of the Day Fresh Fruit Platter Drinking Water

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.