

Home Learning - Sensory play ideas

1. Cornflour

In a bowl mix cornflour with a small amount of water at a time to make a paste. Add colour/smells. (This is edible, although probably best not to eat in large quantities) Pour into a larger bowl or tray. Encourage your child to touch it. Do they notice when it goes hard or changes to a liquid? What do they do?



2. Water play

Give your child a range of pots / cups, including some with holes in. Add colour/smells. Do they look if you pour more water in? What happens if you stop? Do they 'ask' you for more? Can you copy their play? Do they notice you copying them?



3. Cereal play

Give your child some cereal in a tray or large bowl. Pick some up and drop some back in. Do they watch you? Watch how your child plays with the cereal. What do they do?

